Among the 19,744 Native Elders 55 years and older from across the United States:

**Gender**
- 64.0% were female
- 36.0% were male

**Socialization in Past Month**
- 0 times: 19.7%
- 1-2 times: 22.4%
- 3-4 times: 22.0%
- 5-8 times: 15.3%
- 9+ times: 20.6%

**Self-Rated Quality of Life**
- 10.8% - Excellent
- 33.2% - Very Good
- 35.2% - Good
- 18.2% - Fair
- 2.7% - Poor

**Percent Screened in Past Year**
- Optometrist: 66.2%
- Hearing: 21.0%
- Dentist: 53.3%

**Cultural Practices and Traditions**
- Powwows: 28.9%
- Consuming cultural/traditional foods: 24.9%
- Preparing cultural/traditional foods: 19.9%

**Top 3 Health Conditions**
- Diabetes: 40.0%
- Arthritis: 44.8%
- High Blood Pressure: 58.2%

- 0.7% of Elders had been diagnosed with Alzheimer's Disease. Another 1.9% had dementia, and 8.0% reported other problems with memory or thinking.
- 8.7% of Elders reported that too long of a wait for an appointment was their largest barrier to medical care in the past year.
- 82.7% of Elders had visited a doctor or healthcare provider for a routine checkup in the past year.
- 44.0% of Elders were between the ages of 60 - 69 years. Another 30.5% were between 70 - 79 years, 13.9% were 80+ years, and 11.6% were between 55-59 years.
- 45.7% of Elders were obese. Another 32.9% were overweight, and 21.4% were at a normal weight.
- 15.9% of Elders smoked everyday; 5.1% smoked some days and 79.0% did not smoke. With regard to alcohol, 42.0% reported that their last drink was over 3 years ago.