

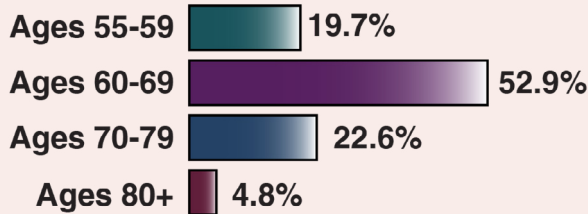


Coalition on Urban Indian Aging

Frailty and Physical Functioning Native Urban Elders 55 Years and Older

Native Urban Elder Needs Assessment Survey (NUENAS 1.0)

Age



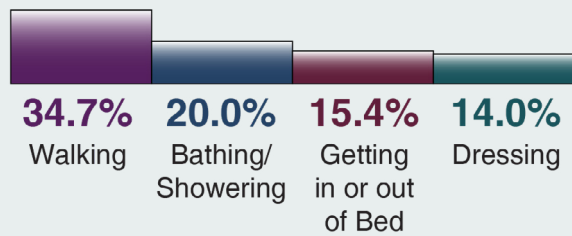
Falls

52.8% of Elders had one or more falls.

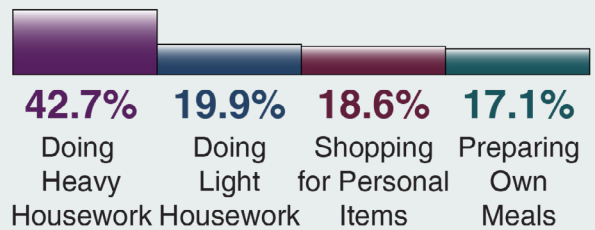
36.9% reported that they injured themselves seriously enough to need medical treatment in at least one of their falls.

Difficulties with:

Activities of Daily Living



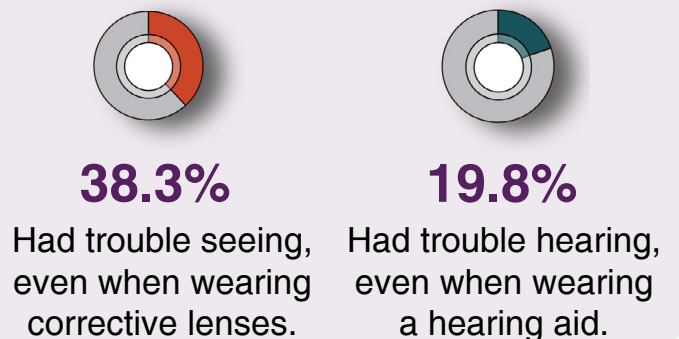
Instrumental Activities of Daily Living



Most Commonly Reported Exercises



Vision and Hearing



Special Equipment

31.2% of Elders reported having a health problem that required an assistive device such as a cane, wheelchair, special bed, or special phone.

Disability

39.8% of Elders reported being disabled. Among them, 37.9% were disabled due to chronic disease; 35.5% due to accident/injury; 5.6% congenital; and 5.9% due to military service.