Native Urban Elders
55 Years And Older

Native Urban Elder Needs Assessment Survey (NUENAS 1.0)

**Percent Screened in Past Year**
- 66.4% Optometrist
- 56.7% Dental Hygienist
- 17.8% Hearing

**Most Frequently Reported Health Conditions**
- Diabetes: 37.2%
- Arthritis: 51.6%
- High Blood Pressure: 54.8%

**Most Common Type of Exercise Reported in the Past 30 Days**
- Walking: 62.1%
- Yard Work: 24.0%
- Gardening: 15.0%
- Bicycling: 8.8%

**Smoking Status**
- 15.7% of Elders reported smoking tobacco everyday, and 9.8% smoked some days.

**Of the 39.8% of Elders who were disabled, causes include:**
- Chronic Disease: 37.9%
- Accident/Injury: 35.5%
- Military Service: 5.9%
- Congenital Causes: 5.6%

**Data analysis completed by the National Resource Center on Native American Aging**