

## NRCNAA.org





## Who Are We?

The National Resource Center on Native American Aging (NRCNAA) is committed to identifying Native Elder health and social issues. Through education, training, and technical assistance, we assist in developing community-based solutions to improve the quality of life and delivery of related support services to the Native aging population.





## What We Can Do For You

Our team has a comprehensive number of services available, including:

#### Native Elder Caregiver Curriculum

Elder caregivers in your community are one of our most valuable resources. Help them function more effectively with a three-day workshop.

#### Native Service Locator

An interactive map with Tribal elderly services available in the continental U.S., Alaska, and Hawaii.

#### Urban Needs Assessment: "Native Urban Elder Needs Assessment Survey"

The purpose of this survey is to assist tribes, villages, and homesteads in creating a record of the health and social needs of their Elders.

# Title VI Needs Assessment: "Identifying Our Needs: A Survey of Elders"

The purpose of this survey is to assist tribes, villages, and homesteads in creating a record of the health and social needs of their Elders.

#### Well-Balanced Program (Wise Elders Living Longer)

A group program designed specifically for Native American Elders that combines exercise, information, and social interaction to help Elders remain active and independent as long as possible.

#### Native Aging in Place Project

The Native Aging in Place Project (NAPP) works with the Spirit Lake Nation to build local capacity to care for the community's Elders while they remain in their homes. Identifying Needs to Empower Native Elders

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